





MESA Festival 2020 presents

# **SCREENSHARE SCREENING: NEW FILMS**

Saturday 24th October, 7pm

# PĀNCHTĀTVĀ - THE ELEMENTS OF LIFE

#### Mohika Shankar

The concept of this video-dance film is based on the Five Elements prescribed by the Ayurveda – Fire, Earth, Water, Air and Space – that surround us and are believed to be the foundation of Life. The ongoing pandemic has really made us pause, reflect, and appreciate our natural surroundings as well as reconnect with the beauty and power these elements exude. This film tries to explore that connection, we – as human beings – have with these elements. This film also attempts to display the journey of how we go inwards from the larger environment and find these elements within ourselves.

**Mentor:** Katrina McPherson **Choreographer:** Mohika

Shankar

Performers: Jessica Brent, Jessica Elsley, Mohika Shankar Camera: Aurora Asenjo Guerra,

Jessica Elsley, Jessica Brent,

Mohika Shankar

Editing: Mohika Shankar

Music: Jangal by Soumik Datta

**Poetry:** Yash Kulshrestha **Voice:** Yug Shankar, Mohika

Shankar

Audio Description: Willie Elliot,

Sightlines









### **MOMENT (1999)**

#### **Katrina McPherson**

Two women in a space. They are dancing. Their relationship moves through different moods and states. Their characters are gradually revealed through fragments of action. The significance of the moment, whether solitary or between them, is explored as time is slowed down, stretched, speeded up, repeated and stopped.

The narrative is subtle and intriguing, suggested rather than explained, impressionistic rather than literal. Made in the memory of the young dancer and film maker Michele Fox who died in 1997 at the age of 30 from cancer. The film was commissioned by her family and is a tribute to her passion for the challenges of making innovative dance for the screen.

Moment was awarded the 'Best Screen Choreography' award at the IMZ Dance Screen Festival in Monaco 2000. Moment has been screened at numerous festivals, curated programmes and on broadcast TV across the world, including Moving Pictures, Canada, Mostra Video Danza, Barcelona, Rotation '03 in Helsinki and Finland.

Producer & Director: Katrina

McPherson

Performers: Anna Young,

Jennifer Paterson

Movement Coach: Paula

Hampson

**Lighting Camera:** Neville Kidd

**Editor:** Simon Fildes **Music:** John Cobban

**Assistant Camera:** Francis

McNeil

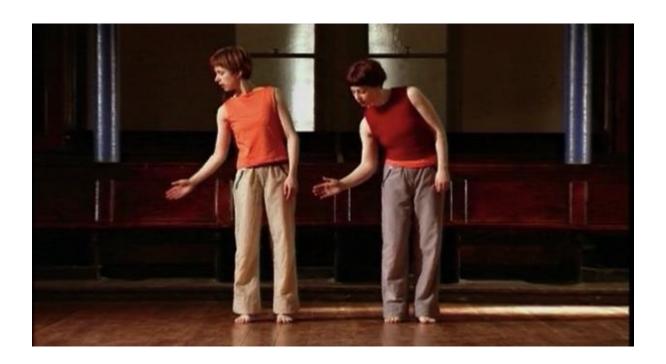
Colourist: Katherine Grincell

Production Team: Christabelle Dilks, Michael Hodges, Alison Macaulay, Hannah Powell, Diarmid Scrimshaw, Andy

Taylor

Stills Photography: Wig

Worland









## **2020 RHYTHMS**

#### **Maria Evans**

2020 rhythms explores the rhythmic processes of making NHS Personal Protective Equipment (PPE) gowns. By capturing found movement of key workers, the screen becomes the dance where each person is a vital cog in a larger process. With rhythmic momentum and interspersed stillness it presents humanity in the year 2020's fluctuating rhythms of emotion - our pulling apart and our coming together.

Mentor: Botis Seva

**Camera & Editing:** Maria Evans Featuring the employees of Tiger

Tailoring, Eastleigh

Audio Description: Julia Grundy,

Sightlines









## CAN'T KILL US ALL (2020)

#### **Botis Seva**

Unravelling one man's mental unrest as he navigates the turbulence of dealing with two global pandemics.

A theatrical experience combining Hip hop theatre and film from dance experimentalist Botis Seva, CAN'T KILL US ALL reveals the deterioration of one man's emotional sanity and physical stability as he confronts life in lockdown. From reflecting on childhood memories to reliving Black trauma, CAN'T KILL US ALL pushes through the darkness to find light, humility and peace.

Produced by Far From The Norm, CAN'T KILL US ALL is a collaboration between three original voices working in Hip Hop theatre: dance artist Botis Seva; filmmaker Ben Williams; and composer Torben Lars Sylvest.

Choreographer & Performer:

**Botis Seva** 

Film Director & Editor: Ben

Williams

**Composer:** Torben Lars Sylvest

**Director:** Botis Seva

**Executive Producers:** Alistair Spalding, Bia Oliveira (Sadler's Wells), Fiona Morris (The

Space)

Producer: Lee Griffiths

Production Assistants: Ezra

Owen, Jordan Douglas









#### **HYGGE**

### Ana Garcia Delgado

"Hygge" (originally a Danish word which means enjoying the small pleasures in life), is the exploration and personal interpretation of this concept. It is about the details and simplicity; a journey through different spaces where water and movement become protagonists of what this concept means. The piece was filmed in Spain where the artist is from, giving personal meaning and especial aesthetic value coming together to represent the visuals of "Hygge".

**Mentor:** James Cousins

**Choreographer & Performer:** 

Ana Garcia Delgado

Composer: Carl Penguin

Camera: Shadi Lagrate, Manuel

Garrido

Editing: Ana Garcia Delgado

Audio Description: Ruth James,

Sightlines

