

Online Delivery Fact Sheet

What is East London Dance Offering?

East London Dance is now offering **FREE online dance classes, activities, events and coaching sessions**. See below for what's on offer:

Online Dance Classes

We may be at home but that won't stop us dancing! Join our **free weekly online dance classes on Zoom** featuring a variety dance styles taught by incredible dance Artists. We have weekly classes, holiday projects and lots more in store. See our classes page for more details. <https://www.eastlondondance.org/classes>

Group Coaching Sessions

Our Youth Support Worker Amanda Brown will be leading **3 group coaching sessions** per to term before the dance session. These informal sessions are a great place to connect with friends, talk, build resilience and support each other.

If you need or want more support, you can arrange a call or Zoom with Amanda to talk. You can contact her via WhatsApp on **07732 492410** or email hello@eastlondondance.org

Support for Parents and Guardians

Parents and guardians, we are here for you too! If you want to have a chat with another adult or you have any concerns about your child we'd be happy to arrange a time to talk to our Youth Support Worker. To schedule a call **text Amanda on 07732 492410** or email hello@eastlondondance.org.

We are also linked to a range of organisations who can help provide advice and support on food banks, money, debt, housing advice, mental health and further opportunities for your young person.





What You Need To Do Next?

To get you set-up we need you to do the following;

Step 1. Complete an Online Registration Form

Parents/guardians will need to complete a digital registration form to sign you up to this term here www.eastlondondance.org/classes/on-the-move-online
If you are 18 and over you can complete the form yourself.

Step 2. Download WhatsApp and Zoom

To take part you will need to have **Zoom** and **WhatsApp** on your chosen device.
See our [easy to follow guide for tips](#)

Step 3. Save our mobile numbers

It is really important to save our mobile numbers to be able to receive details about classes via WhatsApp. We change our Zoom link and password for every session to help ensure the safety of our young people.

Please save both of these numbers

07732 492408 (Laura) & **07732 492410** (Amanda).

Frequently Asked Questions

Do I have to pay for classes?

No, everything we currently offer is free of charge.

Why do I need to complete an online registration form?

Every organisation that provides activities for children and young people needs to gain consent from parents or carers for their child to participate. As our service has changed slightly we need you to complete a new consent form. We use the information that we collect to be able to contact you about the programme, keep you safe and to report to our funders using anonymised data. Any information that we collect is stored on our secure online database, and we will not share it with anyone else unless we feel your safety is at risk.

How do I make a complaint, give feedback or report a concern?

East London Dance is committed to continually improving our services, if you do have feedback, suggestions or would like to make complaint please email Charlene Davies, Youth Dance Producer Charlene.davies@eastlondondance.org



I don't have Wifi, Internet or Data

We understand that our online classes rely on having an internet connection or Mobile Data. If you don't, please contact our team via email at hello@eastlondondance.org or text Amanda on [07732 492410](tel:07732492410).

I don't have a Tablet, Laptop, Smartphone or Computer

We realise that not everyone has a computer, laptop, smartphone or tablet. If this is the case please get in touch with us via email hello@eastlondondance.org or text **Amanda** on [07732 492410](tel:07732492410). We can't promise anything yet, but we are working with partners to see how we can help.

I am having trouble setting up Zoom or WhatsApp

If you are struggling to set these apps up or have questions, we are happy to offer support over the phone. Email us on hello@eastlondondance.org or text **Laura** on [07732 492408](tel:07732492408) to arrange a call.

What is East London Dance doing to prevent potential risks?

East London Dance is committed to creating safe spaces for our young people. We have risk assessed all of our activities and talked to lots of youth organisations to share best practices about working online. We have put the following things in place to help prevent risks;

- All young people under the age of 18 will require signed parental permission to take part in activities via our online registration form.
- There will be a minimum of 2 East London Dance staff with DBS at every session.
- At the beginning of every class our teachers explain how to make your space safe for dance and warm-up.
- Once they log on to Zoom young people will need to be invited into the digital sessions from a waiting area, meaning they will be supervised at all times.
- Sessions will be ended for all participants by East London Dance and no young people will be allowed to remain on the platform unsupervised.
- East London Dance will record all sessions for safeguarding purposes, and save these securely on our server. These are for internal use only and will not be shared publicly unless consent is given.

We are happy to share a copy of our full risk assessments for each activity upon request. Email us at hello@eastlondondance.org

The Team



Charlene Davies
Youth Dance Producer

Contact

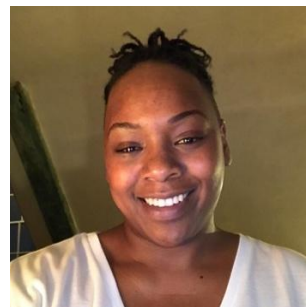
charlene.davies@eastlondondance.org



Laura Goodwin
**Project Assistant
& Lead Artist**

Contact

hello@eastlondondance.org
07732 492408



Amanda Brown
Youth Support Worker

Contact

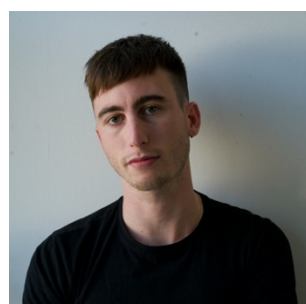
hello@eastlondondance.org
07732 492410



Millie Binnell
Project Assistant



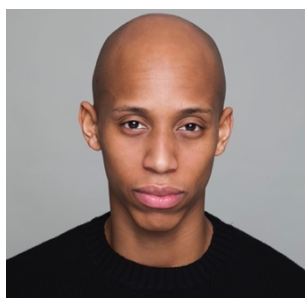
Jessie Calway
Project Coordinator



Dylan Mazey
Assistant Artist



Kendra Horsburgh
Lead Artist



Adrian Falconer
Lead Artist



Josh Franklin
Lead Artist